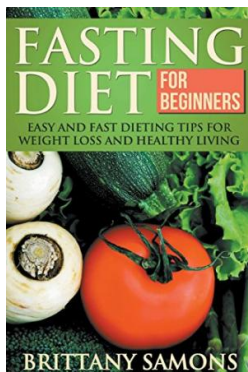


## Fasting Diet for Beginners: Easy and Fast Dieting Tips for Weight Loss and Healthy Living



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